

# California Children in Immigrant Families: The Health Provider Perspective

## 1 in 2 CHILDREN HAVE AN IMMIGRANT PARENT

California is at the forefront of passing immigrant integration policies. Yet in surveying health care providers in the state, it is evident that current national anti-immigrant rhetoric is impacting the health of children in immigrant families.



### \*Among Children in Immigrant Families, Health Care Providers Reported:

# 90%

Increase in anxiety and fear due to detention and deportation



# 70%

Increase in depressive symptoms including: sadness, sleeplessness, loss or gain of appetite, and loss of interest in daily activities.



# 42%

Increase in skipped scheduled health care appointments.



# 50%

Increase in anxiety and depression diagnosis.



# 25%

Increase in seeking mental health care.

### \*Among Parents:

# 70%

Increase in anxiety of taking children to school or recreational activities due to fear of immigrant enforcement activities.



# 67%

Increase in concerns about enrollment in Medi-Cal, WIC, CalFresh and other public programs. While 40% expressed interest in opting out of these programs.



**“The kids are more worried than the adults, due to this issue and not understanding the details. Also, I find it's being discussed at school without any context and bringing on more fear, much more than at home.”**