

# Know Your Rights & Protect Your Health



You have a right to privacy when applying for coverage and at your doctor's office. You can also ask questions about any of your medical bills or seek legal services.



Call **Health Consumer Alliance (HCA)** for legal advice if you are struggling to get coverage or resolve problems with your health plan. **1-800-896-3203**



You have a right to understand your health care visit. You are entitled to a

medical interpreter when you see a doctor or a specialist and translated documents in your language. You can also request an interpreter when you receive services, lab tests screenings, or counseling at no extra charge.



For free help in 7 languages, please call **1-888-466-2219** or for a more extensive list visit: [www.dmhc.ca.gov](http://www.dmhc.ca.gov)



When you apply for Medi-Cal or Covered California for yourself, personal information

is intended to be used only to determine eligibility. If you are applying for health coverage for another person (i.e. like your child), you do not need to provide any information about your own immigration status. Under current law, using Medi-Cal will not affect your immigration status or subject an individual to becoming a public charge.



For **Know Your Immigrant Rights** information, visit: [www.protegete.us](http://www.protegete.us) or to ask a direct question, call **1-800-300-1506**



## HEALTH CARE FOR ALL FAMILIES



[www.allinforhealth.org](http://www.allinforhealth.org)

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**KNOW YOUR FAMILY'S HEALTH CARE RIGHTS!**



# Options for Undocumented Families

## Your Local County

Some counties\* provide free or low-cost services to everyone regardless of immigration status. To enroll and determine eligibility for you and your family contact:

- California's Health Care Options:  
English: 1-800-430-4263  
Spanish: 1-800-430-3003

## Community Health Centers

Some Community Health Centers in your area offer low-cost care to everyone.

- To find your closest Community Health Center, call: 1-888-895-0808

## Medi-Cal

Medi-Cal may cover you during medical emergencies.

- Medi-Cal: 1-800-300-1506
- Denti-Cal: 1-800-322-6384



\* These services are not available in: Kern, Merced, Orange, Placer, San Joaquin, San Luis Obispo, Santa Barbara, San Bernardino, San Diego, Stanislaus, and Tulare county.

# Coverage Options for ALL Families

## The Affordable Care Act (ACA) and Medi-Cal are still the law!

All families in California, including immigrant and undocumented families, have options to enroll in coverage. **Medi-Cal** is a no cost or low-cost health program for low-income adults, seniors, pregnant women, and foster youth. Based on income, the following immigrant populations may also qualify for Medi-Cal:

- ▶ **Newly Qualified Immigrants** (legal permanent residents for less than 5 years, people granted parole for at least one year, and qualified battered immigrants)
- ▶ **Permanent Resident Under Color of Law (PRUCOL)**
- ▶ **Deferred Action for Childhood Arrivals (DACA)** recipients.

**Medi-Cal covers ALL children, age 0-19, regardless of a child's immigration status. You can enroll in Medi-Cal year-round.**



Apply to find out if you are eligible for Medi-Cal or Covered California by calling this number:

- Medi-Cal or Covered California: 1-800-300-1506



**Covered California** is the state health insurance marketplace, part of ACA or Obamacare, where legal residents of California who do not qualify for Medi-Cal can compare health plans and choose one that they prefer. Based on income and family size, many may qualify for financial support. Enroll during Open Enrollment or after a life-changing event, like losing your job or having a baby. You have 60 days from the event to enroll.

# Get the Health Care Your Family Needs

## Your health is critical!

It is important that you and your family take advantage of what your plan has to offer. Set up appointments for yearly check-ups, stay up to date with vaccinations, and seek care when needed.

### Health and dental services for kids:

- ▶ screenings and exams
- ▶ well-child visits
- ▶ vaccinations
- ▶ x-rays
- ▶ prescription drugs
- ▶ teeth cleanings
- ▶ dental fillings
- ▶ and more

### Health services for adults:

- ▶ physicals
- ▶ mammograms
- ▶ screenings and treatment for diabetes, blood pressure and cholesterol
- ▶ mental health
- ▶ immunizations
- ▶ vision and optical
- ▶ prescription drugs
- ▶ and many more

For a complete list of services covered, refer to your health plan.

